

The Aesthetic Complications Expert Group protocol for the prophylaxis and treatment of herpetic infections in aesthetic practice

PRIOR TO RELEVANT FACIAL AESTHETIC TREATMENT

Patient has prodromal symptoms of impending cold sore or active eruption of herpes

Defer treatment

Patient has one or more of the following:
>3 spontaneous eruptions per year
Previous eruption following an aesthetic procedure
Lip augmentation and previous HSV eruption at any time
Facial resurfacing procedure
Immunosuppression/Immunocompromise

Provide Patient Information Leaflet

Avoid trigger factors: UV light, physical/emotional stress, fatigue, fever/illness, menstruation, lip chapping/trauma, viral infections, dentistry

Prescribe
Aciclovir 400mg Twice A Day for 5 Days
(Aciclovir 400mg Three Times A Day for 5 Days if high risk)
Or
Valaciclovir 500mg Once A Day for 5 Days
(Valaciclovir Twice A Day for 5 Days if high risk)

Start medication 2 days prior to treatment or at the time of treatment